

July Gym Schedule

Open (All-level) Boxing Classes*

12pm Tuesday, Thursday, & Friday **6pm** Tuesday, Wednesday & Thursday

Senior Boxing*

1pm Tuesday, Thursday, & Friday

Youth Boxing*

(For July & Aug, youth are encouraged to come to any open class time)

Punch Therapy Boxing Classes*

For people fighting Parkinson's Disease 11am Thursday

Open Gym (may vary)

5:30 Monday 7pm Tuesday & Thursday Saturday by appt

Personal and Private Group Boxing Sessions available by appointment!

**Masks are optional and recommended for anyone who has not been fully vaccinated for COVID-19

**Thank you for staying current on your payment so we might keep serving you!

Payment required prior to class participation. New fighters may borrow equipment at no charge. Returning fighters--gloves available \$2/use, hand wraps available for purchase. Drop-in rate \$20, punch card \$150 for 10 sessions (expires in 2 months), unlimited membership \$100/month, 3 month commitment, firm. Financial assistance available for fighters who demonstrate need and a commitment to the craft--just ask!. Open gym times may vary and are available to all members. Call/Text (806) 786-8849 for info or to schedule workout.